

59th Annual Kearns Holiday Open

KYAT had and amazing turn out for the Holiday Open! We're so proud of all the athletes.

The Invitational had 23 swimmers and II9 individual swims. Of those swims there were 76% new or best times. We came very close to having 2 team records broken.

The C meet had 47 swimmers with 175 individual swims. Of those swims there were 153 new or best times for an 87% improvement. Also, 29 new B time and 2 new BB times.

Great Meet KYAT!!

Thank You Holiday Open Volunteers!

KYAT had so many parents help with all aspects of the meet.

We cannot emphasize enough how important that is to
running a big meet like the HO.

A Huge Thank You to everyone who helped!!

If you are interested in becoming an official, or learning to operate the timing system, please contact the office.

USA Swimming

All KYAT swimmers must now be 2025 USA Swimming registered.

To renew:

- I. Go to USA Swiming.org
- 2. Log on to your account.
- 3. Click renew and complete the check out.



25-28 Motivational Time Standards

USA Swimming has released the 2025–2028 Motivational Time Standards. They are attached in the email. If you need more information about how they work, see the office.

These are a useful tool in gaging improvement in your athletes swimming.

JANUARY 2025

January No Practice Dates

Friday January 17th- Winter Blast Meet Monday January 20- Martin Luther King day Friday January 31-HS Region 4

Up Coming Meets

- January 16-18- Olympus Winter Blast
- February 21-22- Skyline Last Chance Meet
- March 6-8 UTAGS SC Championships (Utah Age Group State)

If you are not sure how to sign up for meets or would like help, see Amy in the office.

Novice/Jr. Morlins Meets

January II

February I

March 8

April -No Meet

Jr Marlin meets are open to Bronze and Pre-Comp level swimmers. All meets are held in the KOPFC swim lesson pool. There is no charge.

KYAT Winter Practice Schedule

Practice:

Senior Gold/Silver:

Monday-Friday 4:00-5:30 p.m.

Jr. Gold/Silver:

Monday - Thursday

5:30-6:45 p.m.

Friday 4:00-5:30 p.m.

Bronze:

Monday-Thursday

5:30-6:30 p.m.

Go to kyat.org to view the calendar.



Follow us on Social Media:

Instagram: @kyat.swim

Facebook: Kearns Youth Aquatic Team

email: kyat@kyat.org call/text: 801-545-4113

<u>Holiday Open</u> <u>High Point Winners</u>

10 and Under Girls

3rd Dixie Peterson

16th Mia Tursic

10 and Under Boys

9th Liam Glancy

11-12 Girls

13th Kathryn Tursic

19th Olivia Papastamos

23rd Hannah Scott

24th Emma Glancy

27th Brynlee Simper

11-12 Boys

7th Grant Sorensen

13th Ryker Densley

20th Corban Caballero-Scott

13-14 Girls

18th Faye Glancy

22nd Megan Rock

13-14 Boys

5th Cash Caballero-Scott

8th Elliot Morris

9th Keegan Olson

18th Will Mitchell

20th Anderson Woolford

15 and Over Girls

8th Tiffanie Palmer

15 and Over Boys

16th Ryan Horne

27th Luke Mitchell

Congratulations
Invitational Swimmers!!



Good Luck to all the KYAT Swimmers swimming in the Winter Blast Meet January 16–18

Scan QR Code for

KYAT Website

Try Water Polo for Free

Kearns Water Polo will be holding a free clinic for anyone ages 6–17 wanting to try the sport of water polo. This will be in conjunction with the Dare to Dream 12 and Under Polo being held at KOPFC.

The spring season in coming up in February and this is a great way to use your swimming skills in a new way. Invite your friends or family members to try with you.

Dates: Friday Jan. 24 6-7 p.m.

Saturday Jan. 25 I2-I p.m.

(come to one or both)

Location: KOPFC Swim Lesson Pool

